

GENERAL HEALTH WEBSITES

[My Dr. \(AU\)](#)

[NHS UK](#)

[Centers for Disease Control and Prevention](#)

[Patient UK](#)

[Health Protection Agency - Guidance on](#)

[Infection Control in Schools](#)

[Better Health Channel \(AU\)](#)

[Whiteboard Med School](#)

[The Swaddle](#)

DRUG AND ALCOHOL RESOURCES

[Freedom from Chemical Dependency](#)

[Partnership for Drug Free Kids](#)

[National Institute on Drug Abuse- Drug Facts](#)

MENTAL HEALTH

[The Black Dog of Depression](#)

IMMUNIZATION SITES

[Indian Childhood Immunization schedule:](#)

[European Immunization schedules:](#)

[US Immunization Guidelines:](#)

ABOUT HUMAN PAPILOMAVIRUS

[NHS UK - HPV](#)

[Centers for Disease Control and Prevention -](#)

[HPV](#)

HEALTHY EATING

[President's Council on Fitness, Sports &](#)

[Nutrition](#)

SEXUAL HEALTH FOR KIDS AND TEENAGERS

[Government of Western Australia](#)

[The Nemours Foundation - Teens Health](#)

[Sexuality and U](#)

[Consent and Tea](#)

TRAVEL SITES

[Fit for Travel - NHS UK](#)

[Centers for Disease Control and Prevention -](#)

[Travel](#)

[Fit for Travel - NHS UK - Yellow Fever](#)

PHONE APPS FOR SAFETY

[Shake for SOS VithU app](#)

[The Circle of 6](#)

PHONE APPS FOR CPR AND FIRST AID

[British Red Cross First Aid](#)

[St Johns Ambulance First Aid App](#)

EBOLA

[CDC Ebola](#)

[WHO Ebola](#)

AIR QUALITY

[US Consulate Air Quality Data](#)

[Guide to Air Cleaners in the Home - US EPA](#)

[Extremely high levels of PM2.5: Steps to
reduce your exposure - Air Now](#)